

# Trade Tips for Male Sex Workers:

## BODY

Keep pubic hair trimmed short to avoid getting it pulled on accident or intentionally. This also enables you to check periodically for body lice and other STDs.

Make sure you can see your clients by wearing contacts or glasses if you need them. If you are using drugs, be aware that your vision may be obscured, and it is best to leave lights on at all times to know the location and behaviour of your client.

Always maintain body language that suggests confidence and control by using eye contact, direct language about what you are comfortable doing with your client, and watching his hands. Even if you are high, it is important to state clear limits about what you are willing to do and stay focused on the behavior of your client.

Keep your mouth moist by drinking water to avoid gum, lip, or throat irritation during sex. Cocaine and other drugs can dry out your mouth - so take care to drink extra water if you are getting high. Sucking hard candies or chewing gum also help keep your mouth wet. Don't brush before taking clients.

Wait until after your done with all clients before douching, using enemas, or flushing out your system. Doing it between clients raises your risk of catching a bacteria or virus. Another option is to douche many hours before a client allowing time for your system to recover and reduce risks.

Urinate often. It will help flush out bacteria and other germs from your system or acquired from your client during oral sex. Cocaine, speed, and other drugs may make you feel as if you don't need to piss, but it is best to do it anyway and press your abdomen to clear out your system as often as possible.

Be aware that infections or open cuts increase your chances of getting an STD if they come into contact with a client's fluids. Bandage hangnails, papercuts, and inspect your dick and ass for any abrasions or cuts.

If you are getting fucked often, it is best to drink lots of water, eat oily foods, and lots of fruits and vegetables to help keep your system clean. Cocaine and speed (like a laxative) may force your system to flush often.

Resourcing **H**ealth & **E**Ducation in the Sex Industry  
10 Inkerman Street, St Kilda VIC 3182  
**Phone** 1800 458 752  
**Fax** (03) 9525 4492

Visit [www.sexworker.org.au](http://www.sexworker.org.au)

